



# The Retired and Senior Volunteer Program of Montgomery County & Radford

## ***RSVP Happenings / Volunteer Opportunities***

**March 2013**

**A New Volunteer Orientation** will be held on Wednesday, March 20 from 10-12 in the RSVP Activities Room. This session is open to volunteers who have enrolled in the past year. We would like to have the opportunity to share information about RSVP that may be beneficial to newcomers about timesheets, volunteer opportunities, etc. Call to register or arrange transportation.

**Volunteer Opportunities:**  
**Call the RSVP office at 382-5775 or email [littleam@montgomerycountyva.gov](mailto:littleam@montgomerycountyva.gov) to learn more about the following volunteer opportunities:**

**The New River Valley Homebuilder's Association Home Expo** will need volunteers to meet and greet the public, provide directions, goody bags and programs for a 2 ½ hour

shift. Volunteers will also be needed to stuff the goody bags the week of March 4. It is being held at the Christiansburg Recreation Center on Friday, March 8 from 4-8 pm; Saturday, March 9 from 9 am to 7 pm and Sunday, March 10 from noon -5 pm. Admission is \$5.00. RSVP will also need volunteers to staff our information table during the event.

**A Blood Drive** will be held on Wednesday, March 6 from 11:00-5:00 pm at the Christiansburg Recreation Center. Call 1-800-GIVE-LIFE to schedule an appointment to donate blood. **Due to scheduling conflicts, the mobile unit will be on site and volunteers will not be utilized during this drive.**

We will be traveling to the **Salem Veterans Medical Center** on Tuesday, March 12 to

assist with activities for the patients. The van will leave the RSVP office at 12:30 pm.

**The MCEAP Thrift Shop** will be moving to a new location at 950 Radford Street in Christiansburg the week of March 11. Volunteers with pick-up trucks or vans are needed to assist with the move. The shop will open at its new location on Friday, March 15.

Greeters will be needed when **The Village Center** opens in March at Warm Hearth Village. Volunteers will manage the front desk in two or four hour shifts. No computer skills are needed.

**Blacksburg Branch Library** needs volunteers from time to time for temporary projects. If you would like to be on an on-call list to serve in the Library, call RSVP to register.

We're going back to **Ruby Tuesday** on Tuesday, March 12 for the **Community GiveBack** program! A flyer is enclosed to take with you so that 20% of your bill will be given to RSVP.



**A Decorative Gift Box Making Workshop** is scheduled on Wednesday, March 6 from 10 am-12 pm in the RSVP Activities Room. Shirley Huffman will demonstrate how to make boxes and baskets from printed cardstock. Patterns and supplies will be provided, so please call RSVP to register so that enough supplies will be available. The workshop is free.

## *Volunteer Opportunities / Community Events*

**Medi Home Hospice** has opportunities for people with diverse skills and interests from office work or caregiving to reading, cooking, gardening or home repairs. Volunteers will receive specialized training in their area of interest. Contact Hilda Burnette, RN at 577-6649.

**Better Agreements, Inc.** is seeking volunteers to assist as couriers for transporting files, to assist with computer related tasks, to organize social events or someone interested in learning more about mediation as a dispute resolution.

**Beans and Rice** needs volunteers to pick up donated food from area stores and to assist with food distribution at two Radford apartment complexes on Monday mornings.

**Habitat for Humanity NRV's ReStore** located at 1675 Franklin Street in Christiansburg is seeking volunteers for various operations of the store including greeters, cashiers, inventory, pricing, straightening, driving and picking-up donations.

### **Community Events:**

**AARP Foundation Tax-Aide:** IRS trained tax volunteers will assist taxpayers with their 2012 personal tax returns for free at the Christiansburg Recreation Center until April 15 every Mon-

day from 9 am to 12:00 pm, each Tuesday from 5:30-8:30 pm, Thursdays, from 1:00-4:00 pm, and Saturdays from 9:00 am-12:00 pm. You must call and schedule an appointment at 382-2349.

**Blacksburg Tax-Aide:** Frank Lau is available on Mondays at the Blacksburg Community Center, Wednesdays at Warm Hearth Village and Saturdays at the YMCA Thrift Store. He has over 18 years of experience in preparing tax returns. Call him at 558-8849 to schedule an appointment.

**AARP Driver Safety Courses** are being offered at the Blacksburg Community Center on Tuesday and Wednesday, April 2 & 3 from 1-5 pm. The instructor is Cecil McBride and the fee is \$12 for AARP members and \$14 for non-members. To register call Cecil McBride at 552-4396.

**The Blacksburg AARP Chapter's** regular monthly meeting will be held on Tuesday, March 19 at 11:30 am at the Blacksburg Community Center. The program will feature a presentation by Delegate Joseph Yost. Bring a brown bag lunch.

**The Active Adult Day** at Meadowbrook Community Center will be held on Thursday,

March 21 at 11:00 am. The program will feature a visit to the Meadowbrook Museum. It houses artifacts of local interest that demonstrate the rich history of Eastern Montgomery County. A potluck lunch will follow; bring a dish to share. Registration deadline is March 18 with RSVP or Montgomery Parks & Rec.

**A Rummage Sale** is being sponsored by the **TRIAD Council** on Saturday, March 23 from 8 am to 12 pm inside the Christiansburg Recreation Center. Anyone wishing to donate gently used clothing, furniture, etc. can drop their items off at the Rec Center on Friday, March 22 from 9 am to 6 pm. Call Tammy at 382-2349 for additional information. TRIAD is a council of seniors and law enforcement working together to develop programs to reduce criminal victimization of older citizens.

**The VT CLASS (VA Tech Creative Learning Academy for Senior Scholars)**, spring registration is under way. It meets for six consecutive weeks on Thursdays, March 21- April 25. A \$50 registration fee allows participants to attend any or all of the courses they choose. Register by March 20 for the courses or obtain more information by calling 231-5182 or visiting [www.cpe.vt.edu/vtclass](http://www.cpe.vt.edu/vtclass).

## Community Events

**The Blacksburg Police Department** is currently accepting applications for their 27<sup>th</sup> session of the **Citizens Police Academy**. Classes will be held on Tuesdays from 6-8 pm at the police department for ten weeks beginning March 5. For more information or an application contact Debbie Atkins at 961-1170 or [datkins@blacksburg.gov](mailto:datkins@blacksburg.gov). There is no fee.

**An All You Can Eat Pancake Breakfast at Applebee's** in Christiansburg is being held on Saturday, March 16 from 8-10 am. The cost is \$7. Proceeds benefit the Montgomery Museum. Call 382-5644 to learn more.

**The Big Event**, held on April 6, is VA Tech's largest service event and is a way for students to give back to the community and area residents by completing volunteer projects. If you need help with general yard work, painting, cleaning, washing windows, minor repairs you must complete a form and mail it in or

register online at [www.vtbigevent.org](http://www.vtbigevent.org) by March 22. Forms are available in the RSVP office. Call 440-1244 for more info.

The 35th annual **Senior Olympic Games** hosted by Christiansburg Parks and Rec is scheduled for April 28-May 3 for those aged 50 and above. Call Tammy at 382-2349, ext. 2003 for registration information.

The Women's Resource Center of the NRV is sponsoring the **Circle of Hope Support Group** for mature women (age 50+) with conversations around the issue of domestic violence (physical, emotional, psychological, financial, and sexual abuse) on Fridays at 11:00 am at 1406 Downey Street, Radford. Contact Misty Cox Henderson at 639-1123 for more information.

Subjects are needed for a **study at VA Tech** investigating balance and gait of females between the ages of 65-80. The

study will take 2 two-hour sessions and subjects will be paid \$20 per session. Call Hoda at 540-231-4294 or email your name, age, height and weight to: [biomechanics.esm@gmail.com](mailto:biomechanics.esm@gmail.com).

Christiansburg Parks & Recreation is sponsoring a trip to **Atlantic City & New York City** for 3 days and 2 nights from May 13-15. Call Tammy at 382-2349, ext. 2003. The price is \$365 per person or \$450 for single occupancy.

**The Village Center** of Warm Hearth Village will be holding its grand opening on Wednesday, March 20 from 11 am to 2 pm. This will be a great time to check out this fabulous facility.

### Save the Date:

**RSVP annual Volunteer Recognition Luncheon** will be held for active volunteers on Thursday, April 25 at 11:00 am at the Holiday Inn in Blacksburg. Be looking for a special hat to wear to the event.

## March Birthdays

01 Mick Gregory	09 Wanda Lang	20 Regina Howard
01 Jane Okeeffe	11 Joan Grayson	20 Wayne Webb
03 Joyce Herron	11 Esther Jones	22 Jim Webster
04 Barbara Middleton	15 Tony Campasini	23 Connie Turner
04 Pat Miles	16 Alice Gallimore	24 Pansy McCoy
05 Virgil Cook	16 Lou Reynolds	24 James Wilson
05 Merle Nelson	18 Joann Kinder	26 Lorraine Hodge
08 Jeanne Rippere	18 Beverly Thomas	28 Mary Lee Carroll
09 Maureen Connors	19 Betsy Hagan	31 Tom Patton
09 Cindy Harrison	19 Alice Wrenn	

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## Puny & Condolences

Virginia Flanary,  
Ann Hart & Wayne Webb

### Get Well Soon!

- \* To family and friends of Shirley Uttal, former volunteer.
- \* To Ethel Young in the loss of her daughter.
- \* To family and friends of Eleanor Hixon, former volunteer.
- \* To Betty and Jim Wilson in the loss of her brother.





**Montgomery County  
Retired and Senior  
Volunteer Program**

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## Valentines for Veterans



RSVP volunteers delivered total of 741 valentines for the veterans at the Salem Veterans Medical Center. We would like to thank the following volunteers for their contributions to this project: Fran Hart, Mendel Hess, Faye Miles, Shirley Linkous, Joan Grayson, Anna Patty, Pansy McCoy, Emily Bender, Charlotte Davis, Pat Somerville, Diane Simmons, Bonnie Hawks, Peggy Brugger, Lynda Kinzey, Glenda Caldwell, Janice Haynes, Pam King, Erma Jones, Connie Turner, Lois Wade, Virginia Flanary, Dorothy Vu and Berkley "Toby" Simmons for delivering all of the cards. Groups who also participated: Blacksburg Newcomers Club, Asbury United Methodist Senior Bible Study Group, Chi Delta Alpha Sorority, English Meadows, St. Paul United Methodist Sunday School Class, Pathways Christian School Kindergarten Classes, New River Valley Scrapbooking Club, and Auburn Elementary School. A special thank you goes to Mendel Hess and Glenda Caldwell for making 525 valentines that were mailed to our troops.